

We have conducted the study to understand the problems of students during Covid-19 pandemic and the resultant lock-down and work from home – on line classes. On analysis of the results, we observed several apprehensions and problems, both physical, psychological and health issues, faced by the students due to on-line classes and sedentary life due to lock down. Hence, it was felt that there was a need for a session by a professional councilor In this connection, we identified Ms. Manjula Prem professional councilor for holding a session for our students.

