



Dayananda Sagar College of Arts, Science, and Commerce

Internal Quality Assurance Cell

Department of B.Com

Student Activity Cell - SANCHALANA and Cultural Committee – Ameya

Fireless Flavours (Cooking without Fire)

Department: B.Com

Date of Event: 19/09/2025

Sl. No	Particulars	Event Details			
1	Event*	Fireless Favours (Cooking without Fire)			
2	Title of the Event	Fireless Favours			
3	Date of Conduction	19 th September 2025	4.	Time	02:00 PM to 4:00PM
5	Venue	Room: 205 and 206, Building No. 13			
6	Resource Person 1 Details (Profile to be enclosed)	NA			
7	Topics Covered	NA			
8	No. of Faculty Participants (Enclose a copy of names with signatures)	Internal: 04		External: NA	
9	No. of Student Participants (Enclose a copy of names with signatures)	Internal: 70		External: NA	
10	Faculty Coordinator/s	Prof. Lalitha Dr. Umesh Dr. Gangadhar Prof. Vinay M			
11	Student Coordinator/s	Pragna Puneeth			
12	Total Expenditure (Details to be enclosed)	Nil	Nil	Sponsors and Amount (If Any)	Nil
13	Agenda of the Event (Attach a Copy)	NA	NA	Provide the Link of the report uploaded on college website	NA
14	Social Media Links (Provide the links of the report uploaded on social media)		NA	Report sent to Newspapers? If yes, provide cuttings/images:	NA
15	Certificates Printed? (Attach a copy**)	NA	NA	Feedback Collected? (Attach a copy**)	2
16	Attendance Sheet Attached? #	Yes	4	Photographs of the Event (About 3 relevant, clear, and appropriate photos with precise caption. The jpg files need to be attached)	Yes
17	Summary of the Event (Around 100 words)	The Department of B.Com organized a unique cooking competition titled “<i>Fireless Flavours</i>” with the aim of encouraging creativity, innovation, and healthy eating habits among students. The event highlighted the art of preparing delicious and nutritious dishes without the use of fire, focusing on safety, sustainability, and resourcefulness. Participants showcased their talent by presenting a variety of innovative recipes, including salads, smoothies, sandwiches, energy bites, desserts, and other fusion dishes. The competition witnessed enthusiastic participation, and the dishes were judged based on creativity, taste, presentation, and nutritional value. Overall, <i>Fireless Flavours</i> was a successful event that inspired students to think beyond conventional cooking methods and promoted the message of healthy, safe, and sustainable cooking. The Winners of the event are: 1st place won by Ashish and Sampath-1st sem B.Com, Hima bindu and Meghana-3rd sem BBA 2nd Place Manasvi and Ujwala – 1st sem B.Com, Bhagya and Amrutha – 3rd sem BBA			

Lalitha
Event Coordinator

[Signature]
HOD 19/9/25

[Signature]
IQAC Coordinator

[Signature]
Principal 19/09/25

Dayananda Sagar College of Arts, Science & Commerce
Kumara Any Layout, Bengaluru - 560 111
Dayananda Sagar College of Arts, Science & Commerce
Kumaraswamy Layout, Bengaluru - 560 111



DAYANANDA SAGAR COLLEGE OF ARTS, SCIENCE AND COMMERCE

Shree Malladiwara Hills, Kumaraswamy Layout, Bengaluru

Department of IC Com
Student Activity Cell (Sanchalana)
Cultural Committee (Ameya)

Organizes



"Fireless Flavors"

(Cooking without Fire)



10th September 2023
2:00 pm onwards
Near Buddha Statue, Building No. 43







DAYANANDA SAGAR COLLEGE OF ARTS, SCIENCE AND COMMERCE

Kumaraswamy Layout, Bangalore - 560111
(Affiliated to Bangalore University, Approved by AICTE, NAAC Accredited)
Internal Quality Assurance Cell



Name of the Activity: Cooking without fire (Fireless Flavors)

Department: B.Com & BBA

Date: 13/09/25 Time: 2:15 pm to 3:15 pm

Sr.	Student Name	Reg. No.	Dept.	Signature
1	Neha B.	UO3CJ25C0212	B.Com	Neha B.
2	Lakshmi H.G.	UO3CJ25C0152	B.Com	Lakshmi H.G.
3	Prithvi H.S.	UO	B.Com	Prithvi H.S.
4	Pragya R.		B.Com	Pragya R.
5	Ujjwala K.		B.Com	Ujjwala K.
6	Sai Manaswini N.		B.Com	Sai Manaswini N.
7	Aish Kumar Sahu		B.Com E	Aish Kumar Sahu
8	Kumathi S. Rajkumar		B.Com E	Kumathi S. Rajkumar
9	Kashish Kundhama D.		B.Com E	Kashish Kundhama D.
10	Neha Choudhan		B.Com E	Neha Choudhan
11	Dharm Ravi		BBA 'A'	Dharm Ravi
12	Hema		BBA 'A'	Hema
13	Ankitha Shreya Rao H.		B.Com 'A'	Ankitha Shreya Rao H.
14	Chandana		B.Com 'A'	Chandana
15	Disha C.S.		B.Com A	Disha C.S.
16	Hishani		B.Com E	Hishani
17	Gowthami S.		B.COM 'A'	Gowthami S.
18	Chaitra S.		B.COM 'A'	Chaitra S.
19	Enkashrajit		B.COM 'A'	Enkashrajit
20	Chennaye Belkante		B.COM 'A'	Chennaye Belkante
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Event Coordinator Name: Lalitha

Signature: [Signature]



DAYANANDA SAGAR COLLEGE OF ARTS, SCIENCE AND COMMERCE

Kumaraswamy Layout, Bangalore - 560111
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Internal Quality Assurance Cell



Name of the Activity: Cooking without fire [Fireless Flourish]

Department: B.Com & BBA

Date: 19/09/25 Time: 2:15 to 3:15

Sr.	Student Name	Reg. No.	Dept.	Signature
1	Amrutha. M	U03CJ24M0052	BBA 'A'	Amrutha
2	Bhagya Kirana. S	U03CJ24M0001	BBA 'A'	Bhagya S
3	Meghana	U03CJ24M0042	BBA B	Meghana
4	PooRvi	U03CJ24M0106	BBA B	PooRvi
5	Prarthana. H. S	U03CJ23M0157	BBA 'A'	Prarthana
6	Vismitha. R	U03CJ24M0005	BBA 'A'	Vismitha
7	Hima bindu	U03CJ24C0155	B.Com	Hima
8	Meghana. U	U03CJ24C0173	B.Com	Meghana
9	Manoj	U03CJ24C0071	B.Com	Manoj
10	Pranjal	U03CJ24C0161	B.Com	Pranjal
11	Meghanath. N	U03CJ24C0032	B.Com	Meghanath
12	Harshith. S	U03CJ24C0083	B.Com	Harshith. S
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Event Coordinator Name: Lalitha

Signature: Lalitha



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Name of the Activity: Fireless Javours

Department: B.com & BBA

Date: 19/9/25 Time: 2:15 to 3:15

Sr.	Student Name	Reg. No.	Dept.	Signature
1	Bharath - V	U03CT2540065	B.BA	
2	Dhanyaswaroop	079	B.BA	
3	Siri - S.K	3208	B.com	
4	Nandini - U	206	B.com	
5	Nikitha - Sarika	216	B.com	
6	Swetha - G	315	B.com	
7	Sri lakshmi	3223	B.com	
8	Chaya Nandan	059	B.com	
9	Harish K	104	B.com	
10	Sumet patil	336	B.com	
11	Chiranthancks	0065	B.com	
12	Vaishnavi	0260	B.BA	
13	Nanditha	208	B.com	
14	Megha Shre	181	B.com	
15	Thannmayi	357	B.com	
16	Shalini	301	B.com 'F'	
17	Vijayaveena	068	B.com F	
18	Karan verma	128	B.com FB	
19	Lalsham	156	B.com BE	
20	Pooja B	232	B.com 'F'	
21	Vaibhav B	369	B.com 'C'	
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Event Coordinator Name: Jalitha

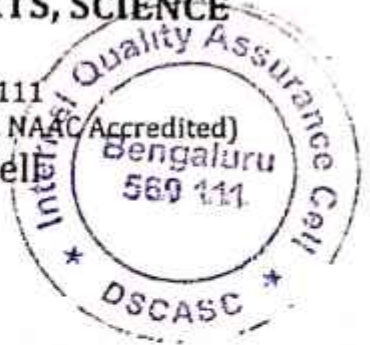
Signature:



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Name of the Activity: Fireless Flavours

Department: Bcom & BBA

Date: 19/9/25 Time: 2:15 to 3:15

Sr.	Student Name	Reg. No.	Dept.	Signature
1	G. Jeevanmukha	U03CJ25C0122	I sem bcom	
2	Haeipriya . D.L	U03CJ23C0020	II sem bcom	
3	Yoganandha . K	U03CJ25C0388	I sem bcom	
4	Khowsik balaji	U03CJ25C0134	I sem bcom	
5	Jatin . V	U03CJ25C0117	I sem bcom	
6	Divyak B.S	U03CJ25C0037	I sem bcom	
7	Aadyank	U03CJ25C0050	I sem bcom	
8	Indhara	U03CJ25C0114	I sem bcom	
9	Mehwish	U03CJ25C0182	I sem bcom	
10	Shravya	U03CJ25C0310	I sem bcom	
11	S. Mahima	U03CJ23C0051	I sem bba	
12	Juhijain	U03CJ23C0041	I sem bba	
13	Shasanya . T	U03CJ24C0024	III sem bcom	
14	T Akitha	U03CJ24C0071	III sem bcom	
15	Nisarga R	U03CJ24C0093	III sem bcom	
16	Kusuma . D	U03CJ24C0177	III sem bcom	
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Event Coordinator Name: Lalitha

Signature:

Feed Back For Fireless Flavours

Fireless Cooking or Cooking without fire was an event conducted in our Department on 12th September 2025, in our building, there were so many participated from diff. & different Courses - BCOM and BBA, even I participated with my partner partner - Meghana, even 1st year students also participated so first year were in separate rooms and 2nd year and final year students were in different room.

I enjoyed the experience it was fun, stress and even tension as we had to prepare the items and give names and present it well. We prepared 5 items

1. Fresh Mint Fizz
2. Honey Carrot Bliss
3. Sweet Choco Pearls
4. Chatpata Corn Glow
5. Royal Sev Bites

It was a tough Competition for the judges also was everyone's presentation was unique, today the results will be declared, there was so much noise and experience was pretty good. We were given 1 hour for the preparation.

We created healthy Food with lots of Vegetables and a book dedicated to judges to see the healthy benefit of Our dish. Our Book name was Power of Health in Every Bite.



COOKING WITHOUT FIRE COMPETITION

Good morning everyone,

Respected judges, teachers, and my dear friends

It gives me great pleasure to take part in today's Cooking Without Fire Competition. This event is not just about preparing food - it is about creativity, innovation, and healthy living. Cooking without fire allows us to explore new ways of preparing dishes that are nutritious, quick, and safe, especially for children and beginners in the kitchen.

This competition also teaches us the value of teamwork, presentation, and smart use of ingredients.

I believe cooking is an art, and today, each one of us is an artist. Our dishes may not use fire, but they are filled with love, imagination, and effort.

I thank the organizers for giving us this wonderful opportunity to learn and show our talents.

May today's experience inspire us to choose healthier, safer, and more creative cooking methods in our daily lives.

Thank You.

