

**DAYANANDA SAGAR COLLEGE OF ARTS SCIENCE AND COMMERCE**  
**Internal Quality Assurance Cell (IQAC) Cell**  
**Women Dignity Cell – SHAKTHI**  
**Guest Lecture on “The Road to Empowerment: Strengthening Rights and Equality”**

Department: DSCASC

Date: 10/03/2025

Sl. No.	Particulars	Event related Details		
1.	Event*	Guest Lecture		
2.	Title of the Event	The Road to Empowerment: Strengthening Rights and Equality		
3.	Date	10 <sup>th</sup> March 2025		
4.	Time	11:00 AM to 01:00 PM		
5.	Venue	C D Sagar Auditorium, Building No. 10		
6.	Resource Person 1 Details**	<b>Name : Dr. Padmakshi Lokesh</b> <b>Designation: Clinical Psychologist and Women Entrepreneur, Book of World Record Holder.</b>		
7.	Topics Covered	Breaking Barriers: Women in Leadership and Decision-Making; Education as a Catalyst for Women's Empowerment; Economic Independence; Entrepreneurship and Financial Literacy for Women; Legal Rights and Social Justice: Ensuring Equality for Women; The Power of Sisterhood: Building Strong Networks for Women		
8.	Resource Person 2 Details**	<b>Name :</b> <b>Designation:</b>		
9.	Topics Covered			
10.	No. Faculty Participants	Internal:	25	External: 0
11.	No. Student Participants	Internal:	95	External: 0
12.	Faculty Coordinator/s	<b>Name : Prof. Ashwini Basavaraj</b> <b>Designation : Assistant Professor</b> <b>Department : Department of BBA , DSCASC</b>		
13.	Student Coordinator/s	Rahul N- 6th Sem B.Com - U03CJ22C0153 Deekshitha -6th Sem B.Com- U03CJ22C0012 Vaishnavi- 6th Sem BBA- U03CJ22M0186		
14.	Total Expenditure	NA		



	Particulars	Event related Details
	Sponsors and Amount (if any)	NA
16.	Program Schedule of the Event attached?	NA
17.	Report uploaded on college website?	Yes
18.	Report sent to media? If yes, give details:	Yes
19.	Report uploaded in Social Media?	Yes
20.	Certificates Printed?	NA
21.	Feedback Collected?	Yes
22.	Attendance Sheet Attached?	Yes
23.	Summary of the Event	<p>The Women's Dignity Cell – SHAKTHI at Dayananda Sagar College of Arts, Science &amp; Commerce, in collaboration with the Internal Quality Assurance Cell (IQAC), organized a guest lecture titled "The Road to Empowerment: Strengthening Rights and Equality" on March 10, 2025, to celebrate International Women's Day. The event was held at the C.D. Sagar Auditorium from 11:00 AM to 1:00 PM.</p> <p>The lecture was delivered by Dr. Padmakshi Lokesh, a renowned clinical psychologist, women entrepreneur, and Book of World Record holder. The focus of the lecture was on empowering women by strengthening their rights and promoting gender equality. Dr. Lokesh shared insights on overcoming societal challenges, fostering self-confidence, and achieving personal and professional growth.</p> <p>The event was attended by the college principal, IQAC coordinator, vice principal, directors, heads of departments, faculty members, and students. It aimed to inspire and educate attendees on the importance of women's empowerment and the role of education and entrepreneurship in achieving equality. The lecture also highlighted the significance of mental health and self-awareness in the journey toward empowerment.</p> <p>This event underscored the college's commitment to promoting gender equality and empowering women through education and</p>



	Particulars	Event related Details
		awareness. It provided a platform for meaningful discussions on women's rights and encouraged participants to take active steps toward creating a more inclusive and equitable society.
24.	Photographs of the Event	Enclosed Below

*Ashwin*  
Cell Head

*R. Pradeep*  
10/03/25

IQAC

**IQAC Co-ordinator**  
**Dayananda Sagar** Arts,  
**Science & C**  
**Kumara** my Layout, Bengaluru - 560 111

*[Signature]*  
16/3/25  
Vice Principal

*T. Babu C*  
10/3/25  
Principal

**Principal**  
**Dayananda Sagar College of**  
**Science & Commerce**  
**Kumareswamy Layout, Bengaluru - 560**





## Brochure



# DAYANANDA SAGAR COLLEGE OF ARTS, SCIENCE & COMMERCE

(Affiliated to Bangalore University and Recognized by Government of Karnataka)



On the occasion of International Women's Day 2025

**Women's Dignity Cell - SHAKTHI**

Under the Guidance of  
Internal Quality Assurance Cell (IQAC)



**Organizes**

**Guest Lecture  
on**



**"THE ROAD TO EMPOWERMENT:  
STRENGTHENING RIGHTS AND EQUALITY"**



**Dr. Padmakshi Lokesh**

Clinical Psychologist &  
Women Entrepreneur  
Book of World Record Holder



**MONDAY  
10 MAR 2025**



**TIME  
11:00 AM - 1:00 PM**



**VENUE  
C.D. SAGAR  
AUDITORIUM**

**Principal | IQAC Coordinator | Vice Principal | Director | HODs | Faculty**

## Attendance Sheets

**Dayananda Sagar College of Arts, Science and Commerce**  
Kumaraswamy Layout, Bangalore - 560 111

Internal Quality Assurance Cell (IQAC)

Women's Dignity Cell - SHAKTHI

Guest Lecture on "The Road to Empowerment: Strengthening Rights and Equality"

Attendance Sheet

SL No	Name	Reg No	Course	Sem & Sec	Signature
01	Manasi MB	139	MBA	I 'B'	Manasi
02	TEJASHWINI. N. NAIK	070	MBA	I 'B'	Tejashwini
03	Rehana SU	079	MBA	I 'B'	Rehana
04	Spandana. V. Pai	080	MBA	I 'B'	Spandana
05	Ashitha Ravikumar	077	MBA	I 'B'	Ashitha
06	Tejashwini. H. P	171	MBA	III 'C'	Tejashwini
07	Sneha A	121	MBA	III 'C'	Sneha A
08	Sneha A	203	MBA	IV 'C'	Sneha A
09	Shreerajsha Bhat	092	MBA	I 'D'	Shreerajsha
10	Sahana M. Patil	083	MCA	I 'B'	Sahana
11	Nidhi. Deshpande	065	MCA	I 'B'	Nidhi
12	Puripalatha. T	077	MCA	I 'B'	Puripalatha. T
13	Veena. B. B	115	MCA	I 'B'	Veena B
14	Akashwita Ghosh	225	MBA	III 'C'	Akashwita Ghosh
15	Ujjwala. P. G	116	MCA	I 'B'	Ujjwala. P. G
16	Usha B. A	112	MCA	I 'B'	Usha
17	Rasika Mala. K	079	MCA	I 'B'	Rasika Mala
18	Usha. S. P	111	MCA	I 'B'	Usha
19	Sneha. N. S	104	MCA	I 'B'	Sneha. N. S
20	Yashaswini. E	120	MCA	I 'B'	E. Yashaswini
21	Shreerajsha. V. Patil	089	MCA	I 'B'	Shreerajsha
22	TANMAYI. R	108	MCA	I 'B'	Tanmayi

23	Shirani J.C	076	MCA	3 <sup>rd</sup> sem	Shirani J.C
24	SARASWATHI D	092	MCA	3 <sup>rd</sup> MCA	Saraswathi D
25	Swati S Banbar	104	MCA	3 <sup>rd</sup> MCA	Swati S
26	Rahima	073	MCA	3 <sup>rd</sup> MCA	Rahima
27	Shabini S K	093	MCA	3 <sup>rd</sup> MCA	Shabini S.K.
28	Prakash A	066	MCA	3 <sup>rd</sup> MCA	Prakash A
29	PREETHI D.D	044	MBA	1 <sup>st</sup> sem D	Preethi D.D.
30	Nidhi	093	MBA	1 <sup>st</sup> sem D	Nidhi
31	Sharanya	153	MBA	1 <sup>st</sup> sem D	Sharanya
32	Anjali S	083	MBA	1 <sup>st</sup> sem D	Anjali S
33	Rakshitba	069	MBA	1 <sup>st</sup> sem D	Rakshitba
34	Pooja S. Mahale	086	MBA	1 <sup>st</sup> sem D	Pooja S.
35	Lekha C.V	146	MBA	1 <sup>st</sup> sem D	Lekha C.V
36	Anushree A	145	MBA	1 <sup>st</sup> sem D	Anushree A
37	Jayashree H	149	MBA	1 <sup>st</sup> sem D	Jayashree H
38	Pooja N	095	MBA	1 <sup>st</sup> sem D	Pooja N
39	Sanjana Varma	100	MBA	1 <sup>st</sup> sem D	Sanjana V.
40	Pooja R	240	MBA	1 <sup>st</sup> sem D	Pooja R
41	Vandana MR	022	MBA	1 <sup>st</sup> sem D	Vandana M.R.
42	Shashita. Dargan	021	MBA	1 <sup>st</sup> sem D	Shashita D.
43	Sahana S.B	084	MCA	1 <sup>st</sup> sem B	Sahana S.B.
44	Neha V	062	MCA	1 <sup>st</sup> sem B	Neha V
45	Anshwarya AP	004	MCA	3 <sup>rd</sup> sem A	Anshwarya A.P.
46	Anusha M	007	MCA	3 <sup>rd</sup> sem A	Anusha M
47	Bhoomika D	015	MCA	3 <sup>rd</sup> sem A	Bhoomika D
48	Deepa K	019	MCA	3 <sup>rd</sup> sem A	Deepa K
49	Ksha G.B	031	MCA	3 <sup>rd</sup> sem A	Ksha G.B.
50	Harshika R	040	MCA	3 <sup>rd</sup> sem A	Harshika R
51	Harshika S	041	MCA	3 <sup>rd</sup> sem A	Harshika S



52	Lishika Bapai	30	MCA	3rd Sem	Lishika
53	Ankita Shiwani	09	MCA	3rd Sem	Ankita
54	Shilpa KS	57	MCA	3rd Sem	Shilpa
55	Vijayalakshmi V	174	MBA	1st Sem	Vijayalakshmi
56	Aishwarya A C	108	MBA	1st Sem	Aishwarya
57	Vandana KN	157	MBA	1st Sem	Vandana
58	Samyukta S. V	156	MBA	1st Sem	Samyukta
59	Hithaishi M	197	MBA	1st Sem	Hithaishi
60	Dinashree S	162	MBA	1st Sem	Dinashree
61	Chinmayi Palalli	136	MBA	1st Sem	Chinmayi
62	Nulofari Shafique	196	MBA	1st Sem	Nulofari
63	Nadhi Samrajy	234	MBA	1st Sem	Nadhi
64	Annapoorneshwari M. M	158	MBA	1st Sem	Annapoorneshwari
65	Radhika P. Nagar	069	MBA	3rd Sem	Radhika
66	Poojashree V.	206	MBA	3rd Sem	Pooja V.
67	Ankita A. Talika	155	MBA	3rd Sem	Ankita
68	Bhoomika R	135	MBA	1 Sem	Bhoomika
69	Harshika Ishwar D	111	MBA	1 Sem	Harshika
70	Thanvi Shetty	177	MBA	1 Sem	Thanvi
71	Hemavathi N	062	MBA	1st Sem	Hemavathi
72	Karishma R. Jay	203	MBA	1st Sem	Karishma
73	Sahana A	072	MBA	1st Sem	Sahana
74	Ankita Acharya	243	MBA	1st Sem	Ankita
75	Sushma S	093	MCA	1st Sem	Sushma
76	Spandana	091	MCA	1st Sem	Spandana
77	Sudhana S	086	MCA	3rd Sem	Sudhana
78	Yamuna C. B	113	MCA	3rd	Yamuna
79	Nikhila	60	"	"	Nikhila
80	Ankita C R	010	"	"	Ankita

81	Anita K.V	008	MCA	3 <sup>rd</sup> Sem	Anita
82	Neha M	116	MCA	3 <sup>rd</sup> Sem	Neha
83	Pooja M	19	MCA	3 <sup>rd</sup> Sem	Pooja
84	Neha P.S	63	MCA	3 <sup>rd</sup> Sem	Neha
85	Alaya Koushik	06	MCA	3 <sup>rd</sup> Sem	Alaya
86	Vishwanath Sudhan	182	MBA	1 <sup>st</sup> Sem	Vishal
87	Nischitha	219	MBA	1 <sup>st</sup> Sem	Nishu
88	Abhina	31	MBA	2 <sup>nd</sup> Sem	Abhi
89	Meghana	124	MBA	1 <sup>st</sup> Sem	Megha
90	Srinathi M.S	026	MBA	1 <sup>st</sup> Sem	Srinath
91	Lisha M	073	MBA	1 <sup>st</sup> Sem	Lisha
92	K Rishi	009	MBA	1 <sup>st</sup> Sem	Rishi
93	Anusha R	063	MBA	1 <sup>st</sup> Sem	Anusha
94	Tejaswini	192	MBA	1 <sup>st</sup> Sem	Tejas
95	Tharun M.R	034	MBA	1 <sup>st</sup> Sem	Tharun
96	K.S. Nimesha	191	"	3 <sup>rd</sup> Sem	Nimesha
97	Rakshitha M.R	169	"	"	Rakshitha



## Feedback

The Guest lecture by Dr. Padmakshi Lokesh on "The Road To Empowerment: Strengthening Rights and Equality" was just Wonderful. The lecture was not about the Gender Equality but it was all about the actual Rights and Equality we possess.

The lecture truly Empowered all of us a lot regarding "Love on oneself and our parents."

It also enlightened the Importance about oneself and our loved ones i.e. parents, family etc.

Thank You so much Dr. Padmakshi Lokesh mam for such an amazing and empowering lecture.

MBA, I sem + B. Sec

Spandana V. Pai

Ashuttha. Ravikumar

Rachana S. D

Tejashwini Naik

Manasi M. B

10/3/25 - Monday

Shivan 10.8 [Alison 2nd semester]

- The session was quite innovative and fun to be a part of. It did not feel forced upon at all. It covered the main topics that are a part of everyday life. The speaker shared many of her personal experiences and views which were insightful and inspiring.
- She mainly emphasized on the importance of a sound, mental well-being and how it affects everything one aims to achieve and why it is important to maintain integrity in one's physical health as well.
- She also vocalized the importance of keeping a positive mindset and how it changes one's individual outlook on life and perspectives.
- Overall, a wonderful session.

## Photographs











