

DAYANANDA SAGAR COLLEGE OF ARTS SCIENCE AND COMMERCE

ShaylgeMullleshwara Hills, Kumaraswamy Layout, Bangalore-560082
Internal Quality Assurance Cell (IQAC) Cell

Webinar on "Emotional Intelligence for Managing Tomorrow"

2020-21

Department: 2nd & 4th Semester MBA -BU

Date: 19-06-2020

Sl. No	Particulars	Event related Details			
1.	Event*	Webinar			
2.	Title of the Event	Emotional Intelligence for Managing Tomorrow			
3.	Date	19 th June 2020			
4.	Time	10-15 am to 11-30 am			
5.	Venue	Online Zoom session			
6.	Resource Person 1 Details** (Profile to be enclosed)	Mr. Gopi Nambiar Ex-head, HR Pepsico India (profile enclosed)			
7.	Topics Covered	a. What is Emotional Intelligence b. Dimensions of Emotional Intelligence c. Steps to improve our Emotional Quotient d. Activity on Emotional Intelligence			
8.	Resource Person 2 Details**	NA			
9.	Topics Covered	NA			
10.	No. Faculty Participants (Enclose a copy of names with signatures)	Internal:	10	External:	0
11.	No. Student Participants (Enclose a copy of names with signatures)	Internal:	175	External:	0
12.	Faculty Coordinator/s	Col. Prasanna kumar Faculty, MBA BU, DSCASC			
13.	Student Coordinator/s	NA			
14.	Total Expenditure	NA			

Sl. No	Particulars	Event related Details
15.	Sponsors and Amount (if any)	NA
16.	Agenda of the Event (Enclose a copy)	NA
17.	Report uploaded on college website?	No
18.	Report sent to media? If yes, give details:	No
19.	Report uploaded in Social Media? If yes, give details:	No
20.	Certificates Printed? (Enclose a copy***)	Yes
21.	Feedback Collected? (Enclose a copy***)	Yes
22.	Summary of the Event (Minimum 100 words)	This webinar program was conducted for all the Students of MBA-BU, including the faculty members which was organized by the MBA BU department of DSCASC. The resource person was from an Industry background with 27+ years of experience in HR and Various streams. The resource person Explained about Emotional intelligence and also explained as how this can be used in our daily life or in the professional life. He also explained with examples and also allowed the students and academicians to undertake a small test to test their emotional intelligence. He at the end also give the results based on the options what the audience had opted. He also included that the score which is above 200+ would be judged as a professional with good emotional intelligence and lesser than that had to undergo the test and learn more about it. There were totally around 217 audiences which ended up with certificates.
23.	Photographs of the Event (Attached)	NA It's a Webinar. Hence only attendance photos are attached.

Notes:

* Seminar / Workshop / Symposium / Conference / Cultural Fest / Quiz / Sports / Literature Fest, etc.

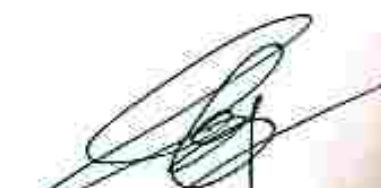
** Name / Organization / Designation / Area of Expertise

*** Format Copy need to be attached and hard copy need to be filed

PS: Whichever column is not applicable, write as NA.


Event Coordinator


IQAC Coordinators


Principal

I.	Webinar on "Emotional Intelligence for Managing Tomorrow"	19 th June 2020	Mr. Gopi Nambiar	MBA BU Students.
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Objectives:

- Understand concept of Emotional Intelligence(EQ)
- Understand relevance to your success
- Know the competencies involved
- Recent Developments in EQ
- Identify the relationship and impact of EQ skills on others within and outside the organization.
- Determine one's own strengths and opportunities in the EQ skills
- Develop a personal action plan

Description:

The capacity for:

- recognizing our own and others' feelings
- motivating ourselves
- managing emotions well in ourselves and our relationships Daniel Goleman
- It helps oneself in building
- Self-management** – You're able to control impulsive feelings and behaviors, manage your emotions in healthy ways, take initiative, follow through on commitments, and adapt to changing circumstances.
- Self-awareness** – You recognize your own emotions and how they affect your thoughts and behaviour. You know your strengths and weaknesses, and have self-confidence.
- Social awareness** – You have empathy. You can understand the emotions, needs, and concerns of other people, pick up on emotional cues, feel comfortable socially, and recognize the power dynamics in a group or organization.
- Relationship management** – You know how to develop and maintain good relationships, communicate clearly, inspire and influence others, work well in a team, and manage conflict.

Why is emotional intelligence so important?

As we know, it's not the smartest people who are the most successful or the most fulfilled in life. You probably know people who are academically brilliant and yet are socially inept and unsuccessful at work or in their personal relationships. Intellectual ability or your intelligence quotient (IQ) isn't enough on its own to achieve success in life. Yes, your IQ can help you get into college, but it's your EQ that will help you manage the stress and emotions when facing your final exams. IQ and EQ exist in tandem and are most effective when they build off one another.

Outcome

It's important that you learn how to manage stress first, so you'll feel more comfortable responding to strong or unpleasant emotions and changing how you experience and respond to your feelings.

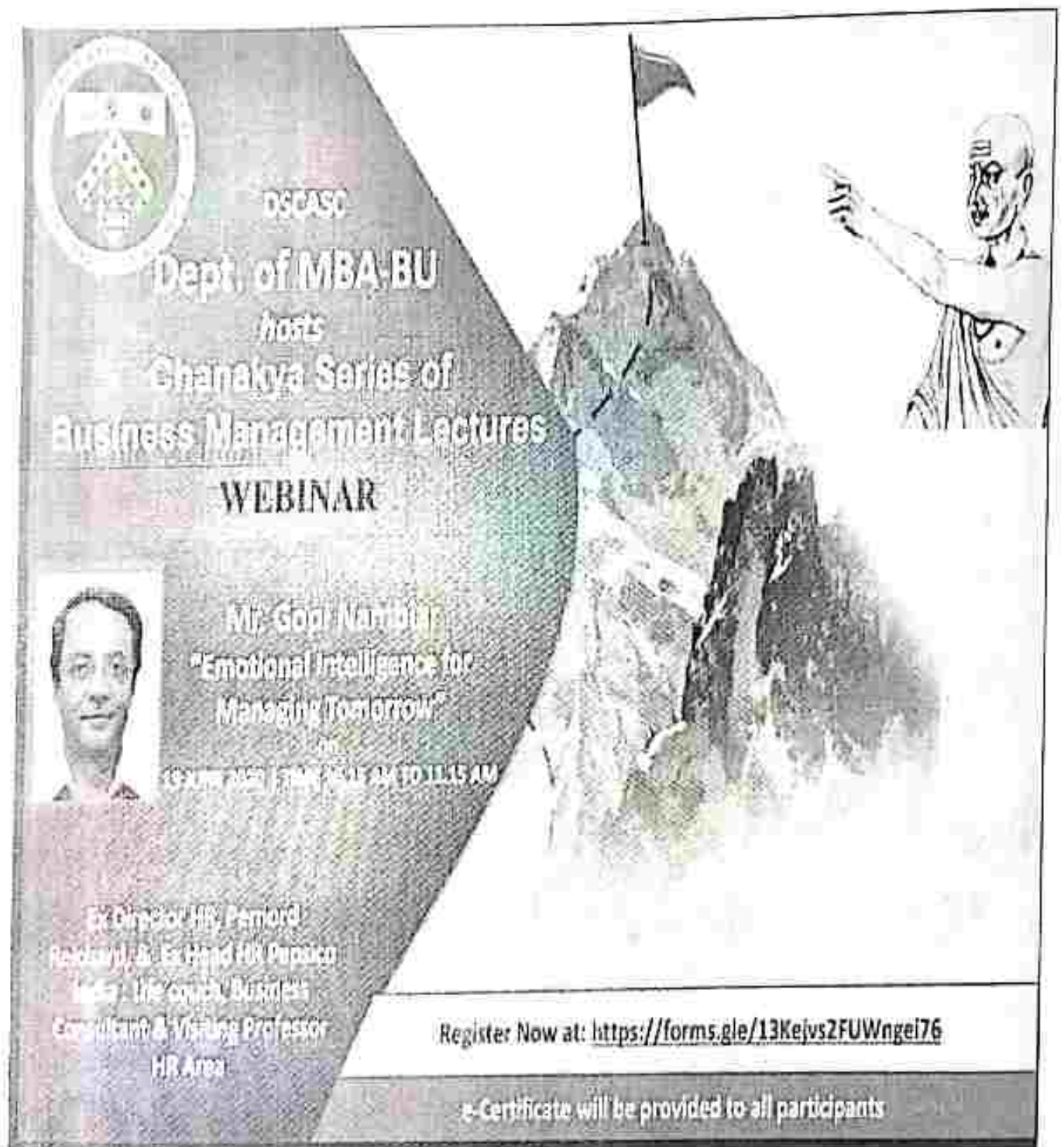
Photographs: NA Only attendance photos can be attached since the Session was conducted online.


Profile of Mr. Gopi Nambiar




- A management graduate in Human Resources from XIIRI, Jamshedpur, he has had a successful career with reputed companies such as EID Parry, Eicher, PepsiCo and Bacardi in an Asia Pacific role before joining Pernod Ricard in 1999 as Head of Human Resources for India, Gulf and SAARC countries.
- As a Director on board of Pernod Ricard India for more than ten years, he was responsible for all aspects of management of the organization, and partnered actively with the rest of the Board and CEO.
- Gopi Nambiar has received professional certification as an Executive Coach and Mentor from NLG - Results Coaching Systems, and completed many coaching assignments of top management successfully. He is an independent Human Resource Consultant and has completed several assignments as a senior HR consultant individually and with other consulting organisations with Sonata Software, I&T, United Breweries, Shanthi Gears, The Hindu, Amazon India, Celebrity Fashions Limited, Seedworks International, NBHCL, Sundaram Fasteners to mention a few.
- Gopi Nambiar is associated with HR consulting companies such as SAGA Consulting as Chief Mentor, with KELSA Solutions, Chennai and People Business, Bangalore.
- He has a sound understanding of Human Resources concepts and has a passion for teaching HR for MBA students. He has been a guest lecturer even while employed in industry, at IMT Ghaziabad, MDI Gurgaon, IIM Bangalore among others. He was also employed as an Adjunct Professor at Alliance University for EPBA and MBA students specializing in HR. Recently he has taken web-based classes for MBA students of ISBR, Bangalore and Dayananda Sagar University on HR subjects.

Poster of the Webinar




DSCASO
Dept. of MBA-BU
hosts
Chanakya Series of
Business Management Lectures
WEBINAR







Mr. Gopi Narayan
"Emotional Intelligence for
Managing Tomorrow"
on
Saturday, 25th June 2021, 10:30 AM to 11:45 AM











































Ex-Governor HR, Perforce
Retiree & Ex-Head HR, Parson
India, Life coach, Business
Consultant & Visiting Professor
HR Area








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



























e-Certificate will be provided to all participants

STUDENTS' AND FACULTY ATTENDANCE SNAPSHOTS FOR THE WEBINAR














	Vidya shree		
	Vidya Shree M		
	Vignesh A		
	Vignesh M		
	Vinay Kumar M		
	Vindhu V Reddy		
	Vinod Kumar		
	vinuthaMT 19CQCMD170		
	Vinuthashree H C 19CQCMD...		
	Yashas Prakash		
	Afridi Anjum M A		
	BHARATH H		
	Dheeraj Singh J K		
	Kusuma N		

	Tejaswini Kulkarni		
	Thanushree H C 19CQCMD159		
	THEJAS B N		
	Thejas VN		
	Toshita Joshi 19CQCMD162		
	Uday Sriram S		
	Vaibhav Kanna S		
	Vaishnavi Shetty		
	Varsha muthanna		
	Varun D		
	Varun Raju M		
	Venkatesh B R		
	VI_NO_D 19CQCMD169		
	Vidya shree		

-  Sugandha 19CQCMD148  
-  Sunil Kumar 19CQCMD150  
-  Suresha K  
-  Sushmita Das  
-  sushmitha by  
-  Swati G  
-  Swetha Manjunath  
-  swetha v  
-  SYED HADI ALI 19CQCMD154  
-  Tanaya A  
-  Tanuja BT 19CQCMD156  
-  Tanuja N H [Ask to Unmute](#) [More ▾](#)
-  Tejashwini L - 19CQCMD157 L  
-  Tejaswini Kulkarni  

	Siddhartha Gowda		
	Sireesha G		
	Sohail B		
	soja u c		
	Soumyashree R		
	Spoorthy 19CQCMD144		
	Sriraksha K M		
	Srushti Chandake		
	Stalon Fernandes 19CQCMD...		
	Sudhanva M S		
	Sugandha 19CQCMD148		

	Sarah Merlyn	 
	Saravana D	 
	Shambhavi Yaraguppi	 
	Shankar Narayan K	 
	sharath kumar	 
	Sharath M	 
	Shashank R	 
	SHILPA .	 
	Shilpa S	 
	shiresha raj	 
	Shivani Gunjkar	 
	Shivaprasad Bhat	 
	Shreya Rao	 
	SHRIDHAR.K 19CQCMD140	 
	Siddhartha Gowda	 

	Ruthvik Raj 19CQCMD120	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
	Sachin Kumar R	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
	SACHIN KUMAR SINGH	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
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	sachin R	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
	Sachin Yadav D M	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
	Sahana H.G	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
	Sahana S P	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
	Sandesh shetty	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
	Sandra Parameswaran	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
	Sangeetha M	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
	Sanjith Sy	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
	Santhosh R 19CQCMD132	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
	Sarah Merlyn	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>



Pavan G

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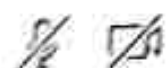
Admit

211 In meeting

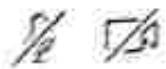
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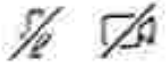
Rakesh S Rao 19CQCMD111



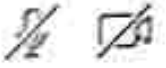
Rakshith B.K. (19CQCMD112)



Rakshith S V



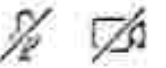
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Raparthi Srikanth



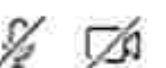
Rashmi SG



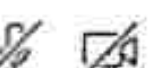
Ritu paryani 19CQCMD115



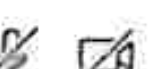
ROHAN NAYAK 19CQCMD116



Roopika Shetty













































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




































Ruthvik Raj 19CQCMD120



	Prajwal R	 
	Praneeta Lahoti	 
	Prasad P Kini	 
	Prasanakumar S N	 
	Pratheek Channa	 
	Prathik Marathe	 
	Prathima P	 
	Prabisha Swain	 
	Freetham G M 19CQCMD037	 
	Pranjith Bhide	 
	Prashika M D 19CQCMD106	 
	Pranjay D T 19CQCMD108	 
	Prapada Roy	 
	Praveen Q 19CQCMD110	 


	Navya Shivkumar		
	Nayana T		
	Nikhil s Harway		
	Nikita katrale		
	Nikitna Patil		
	Nithal Ramesh Kurdekar		
	Nithin k 19CQCMD094		
	P S Sandesh		
	PALLAVI DAS 19CQCMD095		
	Pankaj Gurav		
	Pavithra		
	Praful S 19CQCMD097		
	Pragya 19CQCMD098		
	Prajwal R		

- | | | | |
|---|---------------------------|---|---|
|  | Madhushree N Reddy |  |  |
|  | Madhusudhanan P 19CQCM... |  |  |
|  | Mamith Kumar |  |  |
|  | Manojkumar KS |  |  |
|  | Mohamed Sufiyan |  |  |
|  | MOHAN N |  |  |
|  | Mohit Munjal |  |  |
|  | Monica Gunturu |  |  |
|  | Nagaraj Naik 19CQCMD086 |  |  |
|  | Nanda Kumar S 19CQCMD088 |  |  |
|  | Nandish M |  |  |
|  | Narendra Shamanur |  |  |
|  | Navitha V |  |  |
|  | Navya Shivkumar |  |  |

	x pooja		
	Karthik Jamadagni		
	Kavya Desai		
	Kavya P		
	Keerthana gs		
	Knushboo Arya		
	Kiran J		
	Kirthi Narayan		
	Kisher Kumar 19CQMD063		
	Kousalya		
	koushik kar		
	Likitha T A		
	M Manasa Dixith		
	M Megha Dixith		




 Gowtham 19CQCMD041  

 Hari Kishan  




 HARISH L  

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 Harshith Babu  

 Harshitha GS 19CQCMD051  




 Joti's crafty  

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



























 Jayasinchu Kalivela  

 Joseph Shyam  

















 Jyoti Shree  

 JYOTHI prakash 19CQCMD0...  

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	Chaitra S Shanubog 19CQC...	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
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	Chethan L	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
	Dayasagar 19CQCMD034	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
	Deepak rs	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
	Dhyan Vaishnav	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
	Dr Srikanta Murthy	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
	Dr.Mahua Biswas	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
	Fazil Kv	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
	G v Usha	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
	Gowtham 19CQCMD041	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

	Ashwin Acchi		
	Ashwini KN		
	Ashwini V		
	Ashwitha Shekar		
	Asmita Das 19CQCMD023		
	Bhagyashree savanur		
	Bhairab Saikia		
	Bharath M		
	Bharathi R		
	Bhargavi MB		
	Bindu K		
	Bopanna		
	BR NaPeaksGopi		
	C B V Krishna Prasad		

	Akshatha Manjunath 19CQC...	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
	ALDRINE SUJITH E S	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
	Ameer Asra Ahmed	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
	Amjad Ahmed 19CQCMD012	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
	Amrin Afsar Khan	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
	Angel Maria Francis 19CQCM...	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
	Anil G	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
	Aparna Sunil	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
	Arya Gayathri	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
	Asfiya Kulsum	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
	Ashika HJ 19CQCMD045	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
	Ashir V	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
	Ashmitha Sowmya 19CQCMD...	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
	Ashwin Acchi	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

-  ZOMS DSCE (Host, me) •  
-  Kupi Nambi... (Co-host) •   
-  CQCMD057  
-  Anishhek Barfa  
-  Anishhek Sajjan  
-  Anshala Kulkarni  
-  Anarsh R  
-  Anitya Ramesh  
-  Anridi Anjum M A  
-  Anshwarya A  
-  Anay C P  
-  Anvansha Jain  
-  AKSHATA  
-  Akshatha Manjunath 19CQC...  



Musuma N



Madhu Singh



Pavan G



Pruthvika HS



Sriyank Levi



Lashna s Naidu





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