



# Dayananda Sagar College of Arts, Science, and Commerce

Internal Quality Assurance Cell

Buddha Study Center

"Digital Poster Making Competition of Gautama Buddha's Life"

Report of the Event Conducted

Department\*: Mcom

Date of Report: 27.5.2026

Sl. No.	Particulars	Event related Details			
1.	Event*	Bhudha Study Centre 2026			
2.	Title of the Event	"Digital Poster Making Competition of Gautama Buddha's Life"			
3.	Date of Conduction	13 <sup>th</sup> May 2026, on or before 12.00pm	4.	Online submission	
5.	Venue	Online			
6.	Resource Person 1 Details (Profile to be enclosed)	Judges: Prof. Lalitha (Head, Buddha Study Center, DSCASC).			
7.	Topics Covered				
8.	No. Faculty Participants	Internal:	1	External:	
9.	No. Student Participants	Internal:	12	External:	
10.	Faculty Coordinator/s	Full Name: Dr.Savita Trivedi Department: M. Com Designation: Professor	Full Name: Department: Designation:		
11.	Student Coordinator/s	Nil			
12.	Total Expenditure		15	Sponsors and Amount (if any)	
16.	Agenda of the Event		17.	Provide the link of the report uploaded on College Website	
18.	Social Media Links		19.	Report sent to Newspapers? If yes, provide cuttings/images:	
20.	Certificates Printed?		21.	Feedback Collected?	
22.	Attendance Sheet Attached?	Attached	23.	Photographs of the Event	Attached
24.	Summary of the Event	A digital poster competition was organized on account of Buddha Purnima (1 <sup>st</sup> May) to promote the teachings of Gautama Buddha on 13 <sup>th</sup> May 2026. Participants created creative and informative posters highlighting values such as peace, compassion, kindness and non-violence. Event was organized by Prof. Dr. Savita Trivedi and evaluation of the posters was done by Prof. Lalitha (Head, Buddha Study Center, DSCASC). The winners were: 1 <sup>st</sup> Place- Ms. Rihana Kausar 2 <sup>nd</sup> Place-Mr. Sourav Khatavakar 3 <sup>rd</sup> Place- Ms. Gauthami BR			



S. Trivedi

Event Coordinator

M. Lalitha

Dept. HOD

A. Kumar  
27.05.26  
IQAC Coordinator  
Dayananda Sagar College of Arts,  
Science & Commerce  
Kumara Swamy Layout, Bengaluru - 560 111.

B. S. S.

Principal

Principal  
Dayananda Sagar College of Arts  
Science & Commerce  
Kumaraswamy Layout, Bengaluru - 560 111



Dayananda Sagar College of Arts, Science and Commerce  
 Department of Master of Commerce  
 under the guidance of IQAC & Buddha Study Centre  
 organizes - "Digital Poster Making Competition on Buddha"  
 Deadline for submission  
 13<sup>th</sup> of May 2026 before 12.00 pm

HOD

IQAC

VICE PRINCIPAL

PRINCIPAL



Prize winning Posters

Poster 1

# BUDDHA

## and His Teachings

Be Calm. Be Kind. Be Wise.  
Live a Meaningful Life.

**SLOGAN**

Meditate today,  
Learn always,  
Live mindfully,  
Inspire others.

**MEDITATION**

- Sit in a quiet place.
- Close your eyes.
- Breathe in peace, breathe out stress.
- Focus on your breath.
- Let go of negative thoughts.
- Feel calm, happy and grateful.

**BUDDHA'S TEACHINGS**

- The Four Noble Truths  
Life has suffering, it has a cause, it can end, and there is a path to end it.
- The Eightfold Path  
Right thinking, right speaking, right action, right living, right effort, right mindfulness, right concentration.
- Compassion and Kindness  
Be kind to all living beings.
- Non-violence  
Harm none, respect all.
- Mindfulness  
Live in the present moment with awareness.

The mind is everything.  
What you think you become.

*Buddha*

**LESSONS FROM HIS LIFE**

- He left a life of luxury to find the truth.
- He faced many challenges with patience and courage.
- He achieved enlightenment through hard work and meditation.
- He dedicated his life to teaching and helping others.
- He showed the path of peace, love and wisdom.

**SHORT QUOTES**

- Do not dwell in the past, do not dream of the future, concentrate the mind on the present moment.
- Peace comes from within. Do not seek it without.
- Thousands of candles can be lit from a single candle, and the life of the candle will not be shortened. Happiness never decreases by being shared.

**MESSAGE**

Follow the path of Buddha  
Meditate, learn, be kind and live a meaningful life.  
Be the light in your own life and in the lives of others.

**FOR A BETTER LIFE**

- ★ Think positive
- ★ Speak truthfully
- ★ Act with kindness
- ★ Help others
- ★ Control your mind
- ★ Stay calm and patient
- ★ Be grateful
- ★ Keep learning
- ★ Live simply
- ★ Respect all beings

Meditate. Learn. Grow. Serve. This is the path to a Happy Life.

Poster 2

# BUDDHA AND HIS TEACHING






The Path to  
**WISDOM, COMPASSION AND INNER PEACE**

"Be a lamp unto yourself."  
— Buddha

**BUDDHA'S TEACHING**  
Buddha taught that true happiness comes from within. He showed the path to end suffering and live a meaningful life.

- ☞ The Four Noble Truths
- ☞ The Eightfold Path
- ☞ Love and Compassion for all
- ☞ Mindfulness and Right Action

**HOW BUDDHA'S TEACHING INSPIRES US TO PARTICIPATE**  
Buddha's wisdom guides us to take part in every opportunity with the right attitude.

<p><b>RIGHT EFFORT</b></p>  <p>Do your best with dedication and never give up.</p>	<p><b>RIGHT MINDFULNESS</b></p>  <p>Stay focused and calm. Be present in every moment.</p>	<p><b>RIGHT INTENTION</b></p>  <p>Participate with positive thoughts and a spirit of learning, not just winning.</p>	<p><b>COMPASSION AND RESPECT</b></p>  <p>Respect others, encourage everyone and be happy in the success of others.</p>	<p><b>INNER PEACE</b></p>  <p>Win or lose, stay humble and keep your mind peaceful.</p>
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"Success is not the key to happiness. Happiness is the key to success." — Buddha

Let us walk the path of Buddha and shine in every step we take.



Poster 3

# GAUTAMA BUDDHA

The Enlightened One

**LIFE OF BUDDHA**

- 1. Born at Kapilavastu, 563 BC
- 2. Prince of a wealthy kingdom, Son of a King
- 3. Left his palace to see the world and suffering
- 4. Meditated deeply under the Bodhi Tree for enlightenment
- 5. Reached Enlightenment at Bodhi Tree, The Enlightenment
- 6. Teaching of the Buddhist path of peace



**TEACHINGS OF BUDDHA**

**FOUR NOBLE TRUTHS**

- 1. Life has suffering
- 2. Suffering is caused by desire
- 3. Desire can be ended
- 4. There is a path to end suffering

**WISDOMS OF BUDDHA**

- 1. Right Understanding
- 2. Right Thought
- 3. Right Speech
- 4. Right Action
- 5. Right Livelihood
- 6. Right Effort
- 7. Right Mindfulness
- 8. Right Concentration

**WISDOMS TO THE WORLD**

- 1. Don't envy, help others
- 2. Control your anger
- 3. Don't be afraid of death
- 4. Be kind to all living beings

**BE THE LIGHT IN YOUR OWN PATH.**



II & IV Semester M.Com

Buddha Study Centre

Name of the Activity: "DIGITAL POSTER MAKING COMPETITION ON BUDDHA"

Date: 13-05-2026

Time: 10.00 am

Sl. No	Registration No	Student Name	Semester	Sign
1	PO3CT24CO12019	Anvitha P.N	IV	
2	PO3CT25CO12001	Rihana	II <sup>nd</sup>	
3	PO3CT25CO12011	Growthani. J	II <sup>nd</sup>	
4	PO3CT25CO12012	Sourav	II <sup>nd</sup>	
5	PO3CT25CO12008	Gowtham. R	II <sup>nd</sup>	
6	PO3CT25CO12007	Rakshitha .k	II <sup>nd</sup>	
7	PO3CT25CO12009	Gauthami .B. R	II <sup>nd</sup>	
8	PO3CT25CO12005	Bindhu. H.A	II <sup>nd</sup> sem	
9	PO3CT25CO12010	Vaishali .K.M	II <sup>nd</sup> sem	
10	PO3CT25CO12002	Manushree .D.K	II Sem	
11	PO3CT24CO12019	G. MAHATI	IV Sem	
12	PO3CT24CO12009	VIJETHA S SAHUKAR	IV Sem	
13	PO3CT24CO1010	GAYATHRI KULKARNI	IV sem	
14	PO3CT24CO12014	Swetha m.g	IV SEM	
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Name of the Event : "DIGITAL POSTER MAKING COMPETITION ON BUDDHA"

Name of the Coordinator: Dr. Savita Trivedi