Dayananda Sagar College of Arts Science and Commerce

Kumaraswamy Layout, Bangalore - 78 Internal Quality Assurance Cell

Cell Annual Report (June 2023 to May 2024)

Women's Dignity Cell – SHAKTHI

Women's Dignity Cell- SHAKTHI initiated various programs for the students and faculties of DSCASC for the year 2023-24. Gender equity and sensitization programs in curricular and cocurricular activities for women in campus are conducted.Cell conducted regular awareness raising sessions for Girl students and Women staff on sexual harassment issues and the benefit of these programs is to promote behaviors that create an atmosphere that ensures gender equality and equal opportunities.Cell also conducted various programs both offline and online platform. Cell conducted following events for students and faculties.

The various programs conducted were **Shakthi Orientation Program was conducted for First year Students of BBA** which highlighted Objectives of the cell, activities of the cell and benefits from different activities to the students.

An awareness session on Menstrual Health and Hygiene was conducted and highlighted Women Physiology and challenges associated menstrual issues and tips for hygiene and healthy lifestyle both the students and the lady faculties of the department.

On Occasion of International Women's Day Celebration, **Pep talk on "Involvement of Women on inspiration and inclusion**" was conducted and highlighted Women role models, Women as entrepreneur and their success stories, Government initiatives and schemes for the Women empowerment. The resource person was Ms.Pooja Salwan, deputy director, BML Munjal University and resource person was felicitated on occasion of Women's Day.

An Awareness programme on **Menstrual health and hygiene** was conducted and highlighted menstrual health, hygiene during cycle, precautions to be taken during overflow, healthy food habits, YOGA and meditation and clinical advices to be taken. The resource person of the program was Ms.Veda Shree, Manager, Fohoway India, Women's Health Matters, Bangalore.

Workshop for Girl students by Shakthi was organised on the title, '**Be Your Own Boss (BYOB) personality Development Workshop for Women'** and highlighted how to be your boss, how to improve confidence level in dressing and thinking, how to take of your physical and emotional self. The resource person was Ms.Tanya Kushwaha, Counselor and Psychotherapist, Whisper and Gillette Venus.

| Sl. No. | Event Name | Date | Web link | No. of Students benefited |
|------------|--|------------|--|---------------------------------|
| 1. | Women's Cell – Shakthi Orientation Program | 09/08/2023 | https://www.dscasc.edu.in/images/news-bba- bcomm/pdf/WCOR.pdf | 123 |
| 2. | An awareness session on Menstrual health and Hygiene | 22/10/2023 | https://www.dscasc.edu.in/images/MBA/init iatives/MHE.pdf | 40 |
| 3. | International Women's Day Celebration 2024 | 11/03/2024 | https://www.dscasc.edu.in/images/news- bba-bcomm/pdf/IWdc.pdf | 86 |
| 4. | Awareness Program on Menstrual health and hygiene | 15/03/2024 | https://www.dscasc.edu.in/images/news- bba-bcomm/pdf/Mhh.pdf | 50 |
| 5. | | 24/05/2024 | https://www.dscasc.edu.in/images/BCA/new s/Byo.pdf | 64 |
| 6. | Be your own boss personality development workshop for women(MCA) | 24/05/2024 | https://www.dscasc.edu.in/images/MCA/ne ws/BYOB.pdf | 29 |

Events during June 2023 - May 2024

| SI. No. | Name | Designation | Department | |
|----------------------------|------------------|-------------|------------|--|
| 1 Prof. Ashwini Basavaraju | | Head | BCOM/ BBA | |
| .2 | Prof. Anitha A | Member | BCOM/ BBA | |
| 3 | Prof.Shruthi B K | .Member | BCOM/ BBA | |
| 4 | Dr.SumeraAluru | Member | MBA | |
| 5 | Dr.Kumudavalli | Member | BCA/MCA | |
| 6 | Prof.Nithya B N | Member | BCA/MCA | |
| 7 | Dr.Noor E-Misbah | Member | BSC | |

Head & Members of the Cell

Signature of Cell Head

Student of IQAG Coordinator ILLAC COORdings of Arts, Dayananda Sagar Callege of Arts, Science & Commerce Science & Commerce Ifumara any Layout, Bengalaru-560 111.

Signature of Principal Principal Dayananda Sagar College of Arts Science & Commerce Kumanaswamy Layout, Bengaluru - 560 111

