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DAYANANDA SAGAR COLLEGE OF ARTS SCIENCE AND COMMERCE
 Shavige Malleshwara Hills, Kumaraswamy Layout, Bangalore-560082
 Internal Quality Assurance Cell (IQAC) Cell

CIL Training on Personal Effectiveness

Department: 1st Sem BBA

Date: 27/07/2018

31/07/2018

7/08/2018

Sl. No.	Particulars	Event related Details			
1.	Event*	Workshop			
2.	Title of the Event	CIL Training on Personal Effectiveness			
3.	Date	27 th and 31 st July, 7 th August 2018			
4.	Time	9:30am to 04:00pm			
5.	Venue	2 nd Floor Dr. C.D Sagar Building			
6.	Resource Person 1 Details** (Profile to be enclosed)	Mr Irfan Communication Trainer Co-Founder of Skill Drives Company (Profile enclosed)			
7.	Topics Covered	Goal Setting, Self-Motivation, Time Management, Positive thinking, Self Confidence			
8.	Resource Person 2 Details** (Profile to be enclosed)	Mr Lester Corporate Trainer & Consultant Accenture in India (Profile enclosed)			
9.	Topics Covered	Goal Setting, Self-Motivation, Time Management, Positive thinking, Self Confidence			
10.	No. Faculty Participants (Enclose a copy of names with signatures)	Internal:	NIL	External:	NIL
11.	No. Student Participants (Enclose a copy of names with signatures)	Internal:	141	External:	NIL
12.	Faculty Coordinator/s	Prof. Srabasti Ghosh			

Sl. No.	Particulars	Event related Details
13.	Student Coordinator/s	Mr. Sughosh
14.	Total Expenditure (Details to be enclosed)	NA
15.	Sponsors and Amount (if any)	NA
16.	Agenda of the Event (Enclose a copy)	NA
17.	Report uploaded on college website? If yes, give details:	No
18.	Report sent to media? If yes, give details:	No
19.	Report uploaded in Social Media? If yes, give details:	No
20.	Certificates Printed? (Enclose a copy ^{***})	Yes
21.	Feedback Collected? (Enclose a copy ^{***})	No
22.	Summary of the Event (Minimum 100 words)	This workshop was conducted for first semester BCom students and was organised by CIL. The event was conducted to help students use Specific, Measurable, Attainable, Realistic and Timely (SMART) goals; to make them Start Small and build from there and set realistic deadlines. It would motivate oneself by remembering success, removing distractions and rewarding oneself. It is important to overcome procrastination by managing time and tracking your progress. All this can be achieved by the use of the four P's of Positive, Personal, Possible and Prioritized and by applying 15 min rule. The event emphasized on identifying Strengths, Taking Risks, Using Self-Talk, and Self-Evaluation.
23.	Photographs of the Event (Attached)	Yes


Notes:


* Seminar / Workshop / Symposium / Conference / Cultural Fest / Quiz / Sports / Literature Fest, etc.


** Name / Organization / Designation / Area of Expertise

*** Format Copy need to be attached and hard copy need to be filed

PS: Whichever column is not applicable, write as NA.


Event Coordinator


IQAC Coordinator


Principal

Photographs



Students getting ready for the workshop



Students working on a role play during the workshop

DAYANANDA SAGAR COLLEGE OF ARTS, SCIENCE AND COMMERCE
CENTRE FOR INNOVATION AND LEADERSHIP

Department: Bachelor of Business Administration

Unit: III

Semester: I 'A'

Batch: 2018 - 2021

Date: 27th July, 2018

Sl. No.	NAME (IN CAPITAL LETTERS)	SIGNATURE	
		09:30 AM - 11:30 PM	11:30 PM - 01:30 PM
1	WASIK KHURSHEED		
2	Sahib Amin		
3	Ramen Khan		
4	Danish Jawaid		
5	Abhimannu A.B		
6	Dinesh		
7	Arijarth		
8	Kiran		
9	Sheesheki		
10	Pehon Kumar		
11	Bhumanshi		
12	Md. Shadab Anwar		
13	Bhumika Raj		
14	Yoon Lakshmi		
15	Rabiya Fathima	Rabiya	Rabiya
16	Mansuet	Mansuet	Mansuet
17	Khushboo	Khushboo	Khushboo
18	Rasmi	Rasmi	Rasmi
19	Vaibhav		
20	Harsh Agrawal		
21	Gayatri Prasadani		
22	Harsh Malkani	Harsh	Harsh
23	Vivek Mathani		
24	Misa		
25	Vinoeth.K		
26	Dhiraj Basad Sahu		



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Sl. No.	NAME (IN CAPITAL LETTERS)	SIGNATURE	
		09.30 AM - 12.30 PM	1.30 PM - 03.30 PM
27	KEFAYATUL WADOOD		
28	PRIYANSHU ROY		
29	Satyam Raj		
30	MANISH KUMAR		
31	HARSHRAJ RAWANI		
32	Abhimata Banik		
33	Samaat Maryam		
34	Didita Bose		
35	Prashanti Chakravarty		
36	Aishwarya Tiwari		
37	Letjey Kungai		
38	Kukul Poddar		
39	Nishant Mejjal		
40	SYED HAMZA		
41	Syed Zeeshan		
42	Khushboo		
43	Rabiya Fathima		
44	Manpreet		
45	RASMI HAGAM		
46	SATYAM RAJ		
47	Vishwas Patelwani		
48	Harsh Agrawal		
49	Divyansh Patelwani		
50	Harsh Malkani		