

DAYANANDASAGAR COLLEGE OF ARTS, SCIENCE AND COMMERCE
 ShavigeMalleshwara Hills, Kumaraswamy Layout, Bangalore-560111
 Internal Quality Assurance Cell (IQAC) Cell
 Swami Vivekananda Study Center

Department: B.Com

Date: 17/01/2024

Sl. No.	Particulars	Event-related Details			
1.	Event*	Swami Vivekananda Study Center			
2.	Title of the Event	"Viveka Vinyasa: Embodying Strength and Wisdom"			
3.	Date	17/01/2024			
4.	Time	10:00 pm to 11:00pm			
5.	Venue	Dayananda Sagar College of Arts Science and Commerce Building no. 13			
6.	Resource Person 1 Details (Profile to be enclosed)	NA			
7.	Topics Covered	NA			
8.	Resource Person 2 Details (Profile to be enclosed)	NA			
9.	Topics Covered	NA			
10.	No. Faculty Participants (Enclose a copy of names with signatures)	Internal:	2	External:	Nil
11.	No. Student Participants (Enclose a copy of names with signatures)	Internal:	30	External:	Nil
12.	Faculty Coordinator/s	Prof.Rekha MP (Assistant Professor DSCASC) Prof.Parimala R (Assistant Professor DSCASC)			
13.	Student Coordinator/s	NA			
14.	Total Expenditure (Details to be enclosed)	Nil			
15.	Sponsors and Amount (if any)	Nil			
16.	Program Schedule of the Event attached?	Nil			
17.	Provide link of the report uploaded on College Website				
18.	Providethe links of the report uploaded				



on Social Media		
19.	Report sent to Newspapers? If yes, provide cuttings/images:	No
20.	Certificates Printed? (Attach a copy**)	NO
21.	Feedback Collected? (Attach a copy**)	NO
22.	Attendance Sheet Attached? #	Nil
23.	Summary of the Event	On 17 Jan 2024, at 10:00 AM, The Swami Vivekananda Study Center Successfully organized an event titled " Viveka Vinyasa: Embodying Strength and Wisdom " for B.Com and BBA students. Yoga meditation is a practice that typically involves doing a yoga sequence followed by meditation. This practice can help stabilize your body, provide mental clarity, and give you physical, emotional, and spiritual energy.
24.	Photographs of the Event (About 5 relevant, clear, and appropriate photos to be pasted with title and explanation. The jpg files need to be attached)	Yes

Shal
Event Coordinator

[Signature]
18/1/24
HOD B.Com

[Signature]
18/1/2024
IQAC Coordinator

PRINCIPAL

IQAC Co-ordinator
Dayananda Sagar College of Arts,
Science & Commerce
Kumara Army Layout, Bengaluru - 560 111.



